

PURE fun

junior
jazzercise.
kids get fit!



UPSTAGE DOWNTOWN DANCE THEATRE

DANCE WITH YOUR FRIENDS!

Jr. Jazzercise is a perfect program to get kids active and learn the importance of exercise and health. The program combines fun, easy-to-follow dance moves to popular music, fitness games, and light strength training.

NO DANCE EXPERIENCE REQUIRED

- *Do you have an organization that would like to try a new activity?
- *Girl Scout Troop Leaders! Jazzercise provides opportunities to earn badges in physical fitness and healthy habits.
- *Consider a jr. jazzercise birthday party (see/click on Birthday Parties @upstagedowntown.com)

For more details call 419.584.1351

Jr. Jazzercise sessions TBA